**This discussion group, formed in 2018, aims to highlight issues of rural loneliness and mental health illness in rural Hertfordshire.**

The Forum has links to the Rural Issues Network and, working in partnership, seeks dialogue with commissioners, managers and providers towards rural proofing policies and overcoming the difficulties of delivering care and support in Hertfordshire’s remote communities.

We also work to develop alternative approaches to outreach, information provision, prevention and meeting the needs of remote communities.

The following organisations are participating in the Forum and we hope that more will join to increase knowledge and perspectives. Meetings are held twice per year and participants are greatly appreciating the networking opportunities.

**Herts Mind Network NHCVS Reach Out**

**Mind in Mid Herts Layston Grove Buntingford**

**Healthwatch Hertfordshire East Herts Council**

**Crossroads Care Hertfordshire North CDA Herts**

**Carers in Herts Guideposts**

**Citizens Advice East Herts Connect Herts**

**Herts Community Navigators Alzheimer’s Society**

**HPUFT New Leaf Wellbeing College Age UK Hertswise**

**East Herts Village Halls Consortium FCN The Farming Community Network**

**Herts Independent Living Service Herts Help**

**Herts Community NHS Trust R.A.B.I. Royal Agricultural Benevolent Inst**

Contact [tim.hayward-smith@cdaherts.org.uk](mailto:tim.hayward-smith@cdaherts.org.uk) 01992 289054 for further information